



ANNUAL REPORT 2019

FAST (FIRST AID SUPPORT TEAM)

MIJNDENHOF 253,
1106 GK AMSTERDAM



MESSAGE FROM THE BOARD

In this document, we proudly present our annual project report. First, we would to thank all of our donors, foundation and last but not least our volunteers.

2019 was a big year, both due to changes within FAST, but also due to the situation in Northern France. With the help of different funds, we were able to have a field coordinator long term on the ground, which helped us with continuous and improving services, keeping track of the numbers of patients we saw, and improving relationships with other organizations.

In this annual report, we will focus on the numbers of patients and beneficiaries. Next to that, we will give you an insight into our financial status, and last we will share our lessons learned during this year.

Police cleared several camps towards the end of 2019. Hundreds of vulnerable refugees were taken by the authorities and are now making their way back to Calais through the rain, wind, and cold. Their health is likely to suffer. Due to the current situation, we will not stop what we are doing. We will continue until everyone in Northern France has access to first aid and medical assistance.

During 2019, we worked in North France (Calais & Dunkirk), Belgium (Brussels), and the Netherlands (Amsterdam), where we supported people who did not have access to proper first aid. Our goal is to expand our services to other areas and countries in the coming years.

The Board

Nynke-Marije van Dijck

Maickel Osenga

Sabine van Hoften

Chairperson

Secretary

Treasurer





Name: FAST (First Aid Support Team)
Address: Mijndenhof 253, 1106 GK Amsterdam
Phone-number: 06-46260763 (chairperson)
Email address: info@f-a-s-t.eu
Number chamber commerce: 73957186
IBAN: NL50 BUNQ 2208 5684 00
BIC/SWIFT: BUNQNL2AXXX



OUR WORK

FAST (First Aid Support Team) is an organisation made up of health professionals from all over the world working across Amsterdam, Brussels, Calais and Dunkirk.

We provide first aid, first aid kits, and assist patients to access appropriate (emergency) healthcare. We also organise first aid training for both volunteers and displaced people.

We strongly believe in the basic human right to being treated with dignity and respect and apply this basic human right in our day-to-day efforts when helping and assisting people forced from their homes by violence, persecution, and poverty.

FAST runs solely of volunteers; both coordinators working from home and volunteers in the field.

FINANCIAL SUMMARY

This financial update provides figures from the 1st of January 2019 until 14th of December 2019. For the total amount of income and expenses in 2019 we would like to refer you to our annual report, soon published on our website; www.f-a-s-t.eu

Income

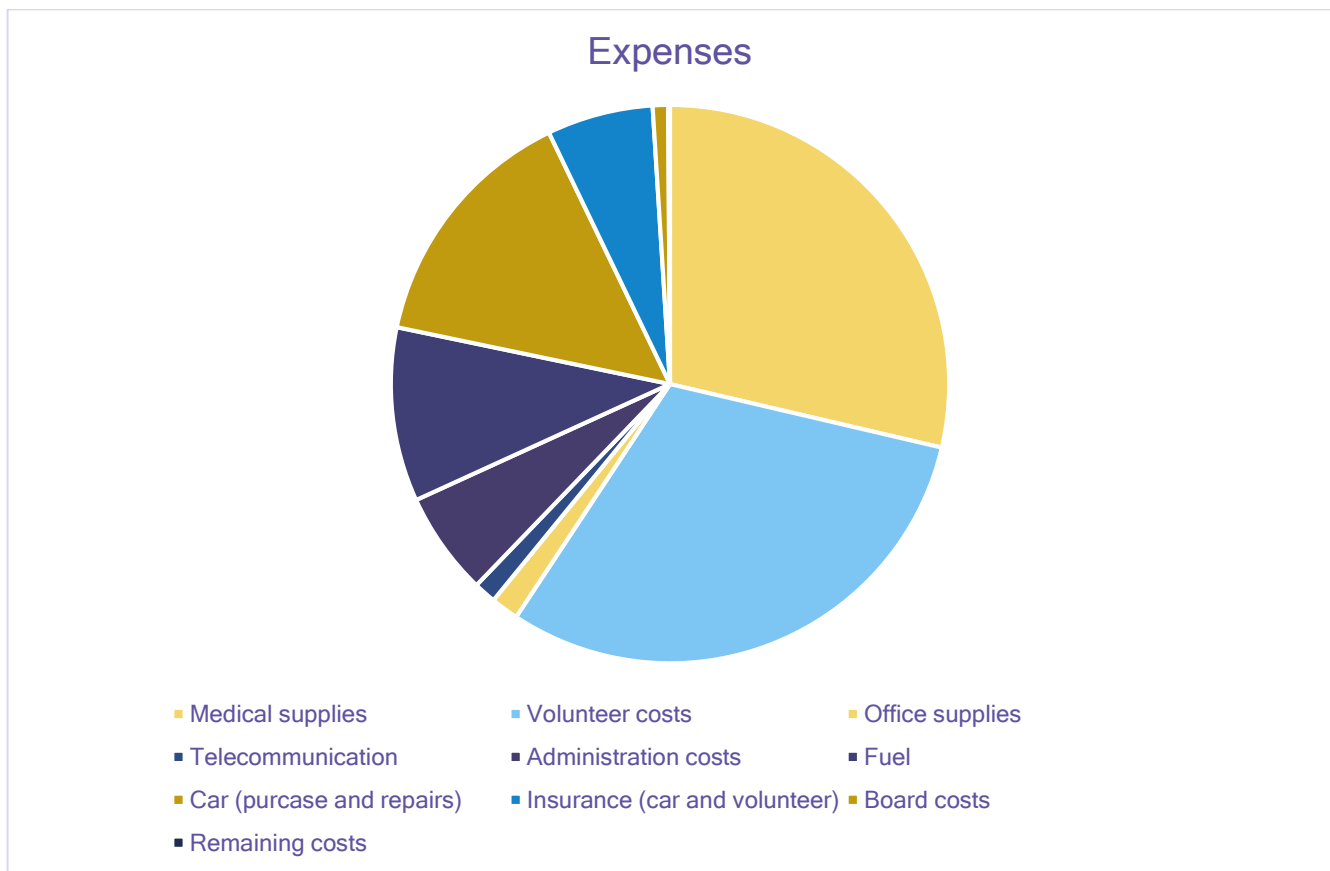
Our income in 2019 was substantial higher than we expected. With the help of a social media team, we were able to set up a Facebook fundraiser campaign.

	Actual income
Private donors	€ 14.894,78
Grands	€ 6108,47
Other income (overflow 2018)	€ 4900,-
Total:	€ 25.903,25

Expenses

	Expenses
Medical supplies	€ 5662,94
Volunteer costs	€ 5696,80
Office supplies	€ 287,43
Telecommunication	€ 230,50
Administrative costs	€ 1150,50
Fuel	€ 1990,79
Car (purchase and repairs)	€ 2602,84
Insurance (car and volunteers)	€ 1149,08
Board costs	€ 93,67
Remaining costs	€ 9,68
Total:	€ 18874,23





Due to some unexpected troubles with our team car, the expenses on this are higher than expected. When we had multiple volunteers, we saw more patients, which meant that we had to spend more of our funds on medical supplies. Luckily, we also got many physical donations, for example, supplies for wound care.

Balance

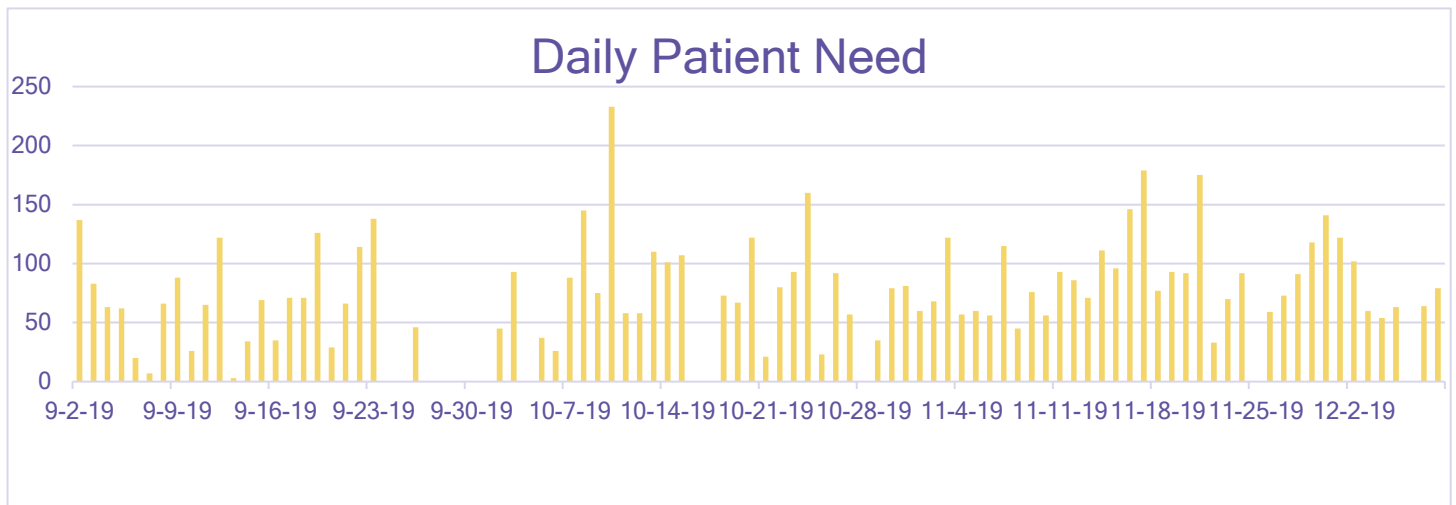
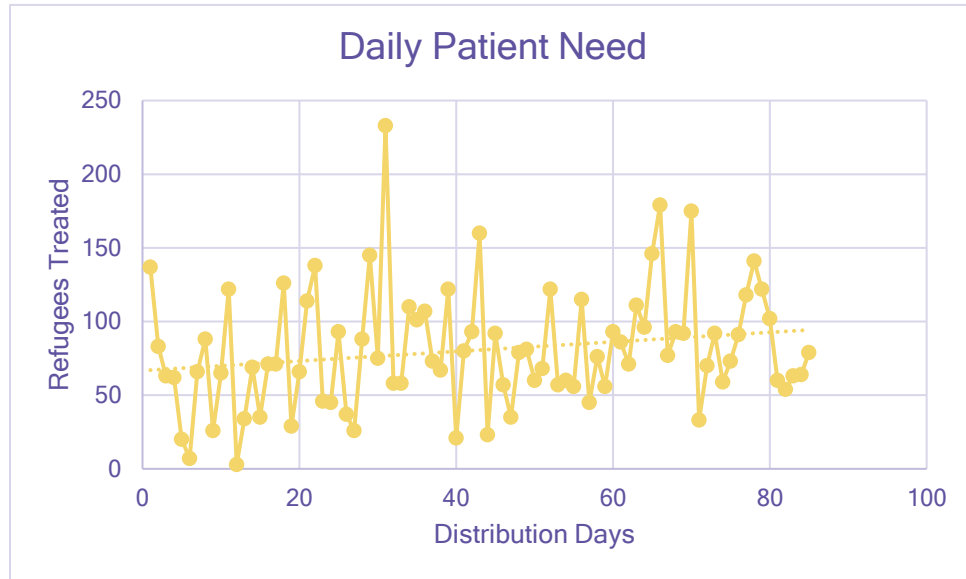
Income	€ 25.903,25
Costs	€ 18.874,23
Balance 31-13-2019	€ 7.029,02

Remaining financial donations will all be used for our projects in 2020.

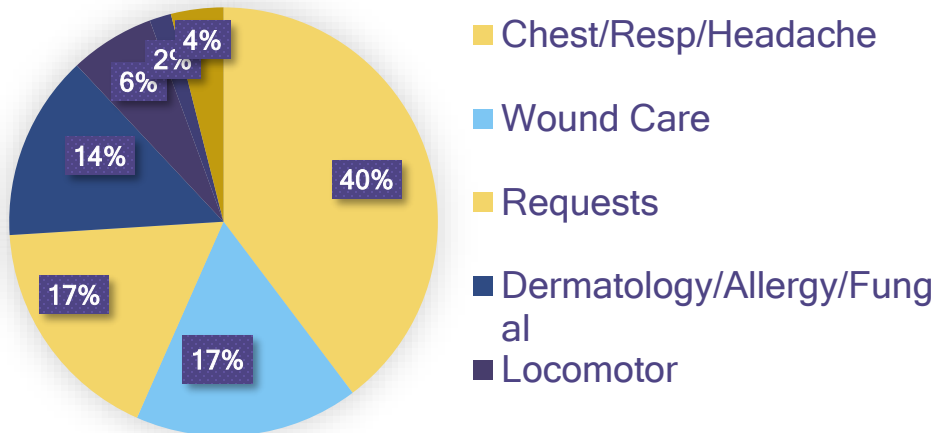
TREATMENTS AND BENEFICIARIES

The following pages show more insight into the amount of treatments and beneficiaries seen by the FAST-team in Calais, Dunkirk and Brussels. We started collecting these numbers from the 2nd September until the 8th December 2019.

Totals	
Total patients	6855
Total treatments	7215
Average daily treatments	81
Respiratory/Chest/Headache	2791
Dermatology/Allergy/Fungal	984
Gastrointestinal	302
Wound Care	1188
Locomotor (muscle pain, aches, joints)	450
Trauma (fractures, recent wounds)	278
Requests for multivitamins, tissues, etcetera	1222
Total Referrals	870
Refer to La Pass or Humanitarian Hub (medical support for undocumented)	566
Refer to Dentist	248
Refer to Emergency department of the hospital	56



Patient Triage



^ Every day the team was greeted by men, women and children whose clothes, shoes and other personal items were completely saturated. Those with cheap or worn, second-hand trainers or boots often find them falling apart within days due to the constant exposure to the marsh-like ground in the woods where people camp.

These conditions have led to an extremely high number of cases of fungal infections and conditions such as 'trench foot'. This is simply where, due to prolonged exposure to moisture and little room to dry, the skin on a person's feet becomes infected and begins to rot.

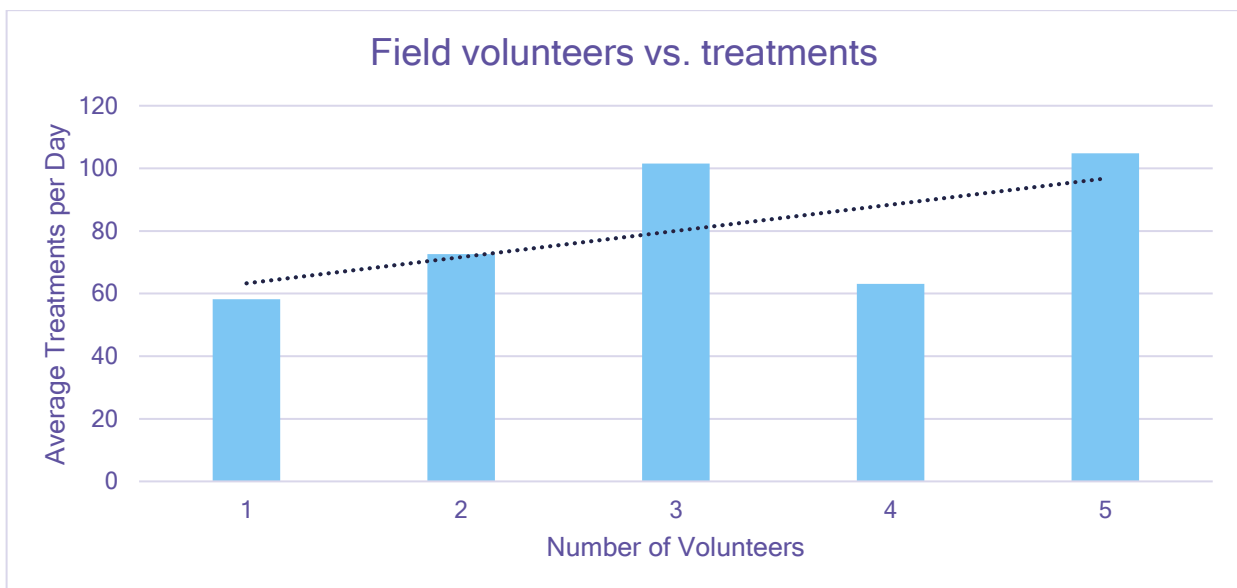


^ In Dunkirk, FAST volunteers came across this young man with an infected wound on his foot. He had covered it with the only supply available to him, a receipt for a winter jacket. The conditions these people are subjected to are inhumane and should not be happening in France.

Unfortunately, his case is one of many serious medical problems, which are caused by terrible living conditions in Calais and Dunkirk. Since the closure of the gym in Dunkirk, infected wounds have been increasingly common.

Number of volunteers:

From the 1st of January until the 13th of December, we had 156 volunteers on the ground in Northern France and Belgium. In the Netherlands, two volunteers gave first aid training to different groups. Next to those volunteers, there is a coordinator team who work as volunteers too. Our coordinator team exists of eight people, as of December 2019.



LESSONS LEARNED

We were happy to see that we could implement our project as planned, as and maybe even better than we expected. Nevertheless, as a grassroots organization with only volunteers, we also learned a lot and we would like to share some of our learning points.



We could see an improvement in trust regarding the team with our long-term coordinator. This trust improved not only with beneficiaries, but also by other organisations on the ground.

There are a couple of lessons, which we want to improve immediately.

- We will start writing a disclaimer for volunteers to prepare new volunteers better for their work in the field.
- After the time in the field, we want to set up a debriefing system as we felt that this was lacking during this project. We did have chats with volunteers when they went back home, but not in a structural way.
- We were very happy that we got an offer for a cheap car, but in the end, we could have better invested some more money as we spend a lot of money on repairs. Nevertheless, the car has driven the team around almost 7 days a week.
- We could not always predict how many supplies we would need so some supplies went out of date while others were out of stock. This is something we want to improve in the future.
- We planned to give first aid courses to volunteers, but due to logistical problems, we could only give one. We are planning to give more of these courses in 2020.

